

(94) *Al-Inshirah: The Dilation*

In the Name of Allah The All Merciful, The Most Merciful.

1. Have We not dilated for you, your chest?
2. And displaced from you, your sin?
3. The one which was undoing your back.
4. And We elevated for you, your remembrance.
5. So, assuredly with difficulty is ease.
6. Assuredly with difficulty is ease.
7. So when you are unoccupied, then erect (in worship).
8. And unto your Lord, then desire.